

Help and support for families

There is a range of support available for families of children with developmental difficulties. You can get support while your child is on the waiting list for an assessment, and after they have been assessed - whether they get a diagnosis or not.

If you answer yes to one or more of the following questions we can offer you help and support by linking you to the right service who can talk to you about your families support needs.

Does your child have difficulties sleeping, eating or learning to use the toilet?

Do you find it difficult managing your child's behaviour, sensory needs or emotional wellbeing?

Are you concerned about any of the support in place for your child in relation to their education, health or care needs?

Do your child's needs impact on you and your family?

The Sheffield Early Help Teams have a range of support from one off face to face or virtual advice sessions to longer term support.

Talk to your child's school or nursery about arranging an advice session.

Support could include:

- Managing challenging behaviour
- Making your home a more positive place for whole family
- Improving routines and boundaries
- Supporting your child's emotional or mental health
- Finding or accessing services to support your family's needs

Sheffield Parent Hub has a range of coffee mornings, events and programmes specifically designed for parents and carers of children with SEND.

You can find our events at:
<http://bit.ly/SheffParentHub>

Sheffield Special Educational Needs and Disability, Information, Advice and Support (SSENDIAS) is a statutory service offering free impartial, confidential, information, advice and support to Children and Young People (0-25 years old) with Special Educational Needs and Disabilities (SEND) and their parent/carers on education and related health and social care matters.

SSENDIAS can provide information, advice and support on:

- The Special Educational Needs and Disabilities (SEND) laws, systems and processes
- Explain national and local SEN policies and your rights and responsibilities around these.
- Help to prepare for meetings such as; annual review, SEN review, disagreement resolution, GBDC's (Governing Body Disciplinary Committee)
- Support with Education, Health and Care (EHC) Needs Assessments
- Support at meetings including disagreement resolution, mediation and tribunal appeals
- Help with communication between you and other services such as the local authority, education setting
- Discuss with you transport issues
- Advise on related health and social care issues
- Complaints procedures
- Giving support and advice if your child is excluded.
- Deliver training for parents, carers and young people
- Signpost to local support groups, activities and specialist provision.

Telephone: 0114 273 6009

Email: ssendias@sheffield.gov.uk

Website: www.sheffieldsendias.org.uk

If you for whatever reason don't feel able to access support this way or if you have support needs that we have not mentioned, please call us at the Sheffield Early Help Hub on on 0114 203 7485