



Dear Parent or Guardian,

Soon summer will be here, I wanted to write and tell you about our **sun protection policy**. We have developed this to ensure that we can all enjoy the sun safely over the coming months.

The sun's rays are particularly strong over the summer and they can damage children's skin. This may not seem like a problem right now, but sadly it can lead to **skin cancer** in later life. Your child's health and well-being are very important to us. So we have decided to:

- Spend more time discussing sun protection at nursery.
- Encourage children to play in the shade in our garden.
- We will limit time spent outside during sunny periods – we will remain indoors between 11 am and 2pm.
- Actively encourage all children to wear a **hat** when they play outside. Please send your child to nursery wearing a named comfortable wide brimmed hat or legionnaire style cap. We have some nursery hats to give to children who forget their own.
- Ask you to use **all day** sun protection. As we spend as much time as possible outside when the weather is fine it provide protection by using **sunscreen** with a factor of at least **SPF 15+**. As you will be aware many children suffer with allergies and it is for this reason that pre-school cannot provide a generic cream.
- It will be necessary for your child to arrive at preschool with protection already applied. Pre-school take no responsibility for children who arrive at pre-school with cream applied and then get burnt.
- Please be aware that staff will re-apply protection **only** when there are good reasons for a child not to have all day sun protection in place. Sunscreen provided must be clearly labelled with your child's name. We will not use another child's cream on your child.

Parents' support is very important to us. You can help by:

- ☑ Talking to your child about the importance of sun protection at home.
- ☑ Remembering to send your child to nursery suitably dressed and protected for the sun, shoulders covered if possible.

Please talk to staff if you have any queries or have any additional questions. Together I hope we can have a very happy and safe term to come!

SVPS